

Win a wonderful holiday in Ontario

We have a week's holiday in Toronto and Niagara Falls to be won, for one lucky reader and a friend, courtesy of Frontier Travel

THE LUCKY WINNER of our fabulous competition, together with a friend, will fly to Canada for a week's holiday in Ontario, exploring the vibrant city of Toronto and glorious Niagara. At the famous Falls, they'll take a *Maid of the Mist* boat ride and Behind the Falls walking tour. Plus, weather permitting, they'll enjoy a helicopter flight over those cascading waters.

The holiday begins in sophisticated Toronto, with a four-night stay at the Delta Chelsea Hotel and free entry to the city's top five attractions, including the iconic CN tower. There will also be time to check out the city's chic shopping, cosmopolitan restaurant scene and lively nightlife.

The winner and friend will then drive by hire car to the awe-inspiring Niagara Falls, which offer a thrill for all the senses. Here they'll stay three nights at the historic Old Stone Inn, a short stroll from the thundering Falls, which they'll get to experience from below, behind and above.

The countryside of Niagara is home to award-winning wineries and pretty towns such as Niagara-on-the-Lake. There, visitors can discover historic sites, galleries and boutiques, as well as exploring the fine-dining scene and trying the local ice wine.

For more information on Frontier Travel holidays, visit ontariotravel.net/uk and frontier-canada.co.uk.



A helicopter flight over Niagara Falls is included in the prize

HOW TO ENTER

To be in with a chance of winning this fantastic prize, simply visit deliciousmagazine.co.uk/promotions, register and answer the question below, or call the competition line on 0901 928 1777

Q WHAT NATURAL WONDER IS ONTARIO FAMOUS FOR?

A) Mount Everest B) The Great Barrier Reef C) Niagara Falls

■ You can also text the words DEL HOL followed by a space, your answer, then your name, address, and email, to 85088. You will receive a text back confirming your entry in this competition.
 ■ Calls cost 50p per minute from BT landlines, and last approximately two minutes. Calls from mobiles and other networks may cost more. Texts cost £1 plus your standard network charge. Depending on the details you give us, delicious. magazine (directly or via its agents) may mail, email, SMS or phone you with offers, products and services. If you don't want to receive offers, please text 'no offers' when you enter via text. For our data policy, see delicious.magazine.co.uk/privacypolicy. This is not a subscription service. If you call or text after the closing date you will not be entered but may be charged. Lines close at midnight on 31 March 2010. Service provider: Telecom Express (telecomexpress.com).

TERMS AND CONDITIONS 1. Competition is open to delicious. readers who are registered on the website (free) and are UK residents aged 18 or over, excluding employees (or families of employees) of delicious. magazine, Eye to Eye Media Ltd or anyone linked to the competition. 2. Website entries close at midday on 31 March 2010. 3. Emails and entries received after the closing date of the promotion will not be considered. 4. No responsibility is taken for entries lost or damaged. 5. The winner will be drawn at random and the judges' decision is final. No correspondence will be entered into. 6. The winner will be notified in writing within 28 days of the closing date. 7. There is one prize for two people to win the holiday to Toronto as stated above. 8. There is no cash alternative. 9. The winners may be required to take part in future promotional activity. 10. The promoter's decision is final and no correspondence will be entered into. 11. Promoter: Frontier Travel Limited, 6 Sydenham Avenue, London SE26 6UH. Company registration number: 340 3694.

